



# Neighbourhood Watch Newsletter



**CU** Commercial Union Insurance--  
Community Caring

John Rayner  
23 Bowman Rd

GOLDEN BEACH CDSANHW 2.  
(McLean to Nelson Streets)

SEPTEMBER 1992

NHW 9

## HELLO RESIDENTS OF AREA 2 IN GOLDEN BEACH.

The weather again caused us to transfer the monthly meeting to the Indoor Bowls Centre at Burke St making it twice in a row now after all our previous gatherings in the sunshine at Fraser Park. In view of this, please from now on assume that adverse weather will result in the meeting being transferred to Burke St. We are very grateful to have the Annexe available at no-charge for these occasions which I hope won't occur again for a long time.

Despite the weather and changed venue we had a good turn-out and welcome two visitors Snr Const. Di Kirkman who is the Regional Co-ordinator of NHW programs, and John Rayner representing the Ithaca-Bulcock Beach Life Saving Club.

Di gave us an overview of the growth of NHW in the North Coast Region as well as introducing the "Step Ahead - Safety Information for Women" series of 8 brochures. Di was only able to have a few brochures at the meeting but I have obtained some more which I will have at the October Meeting. The recent spate of child abductions and the work being carried out in schools and with pre-school children raising their awareness to "Stranger danger" was discussed. Our Police Liaison Officer Const. Mal Scott related in detail his own involvement in this program as well as referring to the Safety House and Adopt-a-Cop schemes.

Mal brought to the meeting examples of drugs and the equipment commonly deployed in the use of drugs. He showed two videos to the meeting which graphically depicted the effects of drug use which he then reinforced with comments and a general discussion at the end. There is little I can add to the message the presentation gave us - just please be sure to pass it on to those around us and take every opportunity to support the efforts of parents and educators.

## DONATIONS.

About half our Area has now responded and with school holidays this month, we should be able to talk with some of our non-resident members when they come to their holiday homes. Thank you to those whose donations have been received.

## VEHICLE REGISTRATION - COMPULSORY 3RD PARTY INSURANCE.

The offer from Commercial Union Insurance distributed with the last newsletter, will (hopefully) have been actioned by many of you by now. If you have any queries you can ring Commercial Union in Brisbane (for the cost of a local call) 008-773688. Remember, we have to have 3rd Party insurance. If we transfer our 3rd Party Insurance to Commercial Union, our Neighbourhood Watch (Golden Beach Area 2) receives \$8.30 from Commercial Union.

How do we do it? We fill in the coupon (I have more if required) and send it in the S.A.E. back to Commercial Union. The cost of 3rd Party Insurance is fixed by legislation so all Insurance Companies have identical premiums. So why not give yours to our major sponsor - Commercial Union and put \$8.30 into our bank account as a result?

## ITHACA-BULCOCK BEACH LIFE SAVING CLUB.

John Rayner gave us a history of the Ithaca-Bulcock Beach Life Saving Club before describing the plans for their coverage of the Pumicestone Passage. The history is quite unique and I have included in this newsletter a copy of the article in the Sunday Mail (Sept.13). Few of us had any idea that this Club was Brisbane-based or about the chaperone requirement.

John advised us that they are talking with the local authorities about designated water use areas in the Passage especially the swimming area which they plan to patrol to the north of Fraser Park. To set up a tower, boat, first-aid, resuscitator and so on will involve some \$15,000 which will come from local donations, Council grant and Government subsidy. Present mix of swimmers, jet skis, wind surfers, speed boats, sail boats and assorted other "water craft" combined with the tidal flow of the Passage creates risk which has resulted in accidents.

The need for a patrol is evident and our support of it was clearly indicated by the meeting. The form of that support will be decided over the next couple of meetings when our financial situation is clearer.

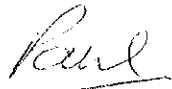
## NEXT MEETING.

THURSDAY 1ST OCTOBER 10.00 AM

Venue - Fraser Park (next to Gemini Resort)  
(If weather is bad - Indoor Bowls  
Centre Annexe - Burke St).

Guest Speaker - Mr Jim Fairburn will follow  
on from the presentation on  
Locks & Security Systems  
given by Rob McKenzie of Fort  
Knox. Jim will discuss the  
Mobile Security Patrol - it's  
activities and effectiveness.

See you at Fraser Park on Thursday morning.



Paul Dinniss  
Your Area Co-Ordinator  
Neighbourhood Watch

## Neighbourhood Watch Tips

Do not feel intimidated or foolish for reporting what you see.

There will often be a legitimate reason for what you have seen, but it is better to report ten false alarms than to ignore one genuine incident.

Often your information will assist the police to gain information on a series of offences and lead to an eventual arrest.

Are you an active team member  
The kind that would be missed  
Or are you simply satisfied  
That your name is on the list.

Do you attend your get-togethers  
And mingle with the flock  
Or do you stay at home  
And criticise and knock.

Do you care about your neighbours  
Maybe look after someone who is sick  
Or do you think selfishly of yourself  
But still criticise the click.

Think this over fellow neighbours  
We all know right from wrong  
Are you an active member  
Or do you just belong.

## Remember

People from legitimate organisations always carry proper identification and are happy to produce it and allow you to inspect it.

# Ithaca added surf later

THIS month marks the beginning of the season for the Ithaca Bulcock Beach Life Saving Club - a club with a history which differs from most.

Its members protect swimmers at Caloundra, but it is not really a Coast club at all - and it started as an all-girls club.

Caloundra resident John Rayner has been chronicling the history of the club which dates back to 1949.

The history of the club can be directly traced back to Britain in 1891.

In that year the Swimmers Life Saving Society, which quickly became known as just the Life Saving Society, was formed.

Its aim was to save lives by teaching people how to swim and learn methods of rescue and resuscitation.

To do this the society formed a group of six men, who toured the British Isles teaching their techniques to schools, police and other similar bodies.

One of those six men was

By NEIL MELLOY

Frank Venning, who came to Australia in 1899 and set up lifesaving in Perth.

He later returned home to represent his country as a diver in the 1908 London Olympic Games.

But in that same year in migrated to Brisbane and was instrumental in setting up clubs as far north as Cairns.

Mr Venning was lessee of the Ithaca swimming pool in Caxton St, Brisbane, for many years.

Many parts of Brisbane were known as Ithaca because the wife of Queensland's first governor was born on the Greek island of Ithaca.

In 1949 at the Ithaca baths, the Ithaca Life Saving Club was formed but it was not until eight years later that the club began to use Bulcock Beach.

"Ithaca was originally an all-girl club," Mr Rayner writes.

"Its first club house was a tent and then an old house near the site of the present Caloundra Coast Guard headquarters.

"In 1967 the club admitted male members and the men then patrolled on alternative week-ends to the women.

"In the same year, the club moved to the old Bulcock Beach boat shed and operated from there for the next 22 years."

Mixed patrols were finally allowed in 1973 when the then Landsborough Shire Council passed approval, subject to the provision of separate male and female dormitories and the attendance of a chaperone at all times.

Mr Rayner said these conditions were still adhered to today.

"In 1989, Caloundra City Council handed over the new club house built on the Caloundra Board Walk and the \$30,000 required contribution from the Club surely represented the best real estate value in Caloundra for many years," he said.

Today the Ithaca lifesavers patrol Pumicestone Passage from the Caloundra Bar to Military Jetty.

They patrol from September to April and members still train mid-week and off-season at the Ithaca Baths at Paddington.

# The driver

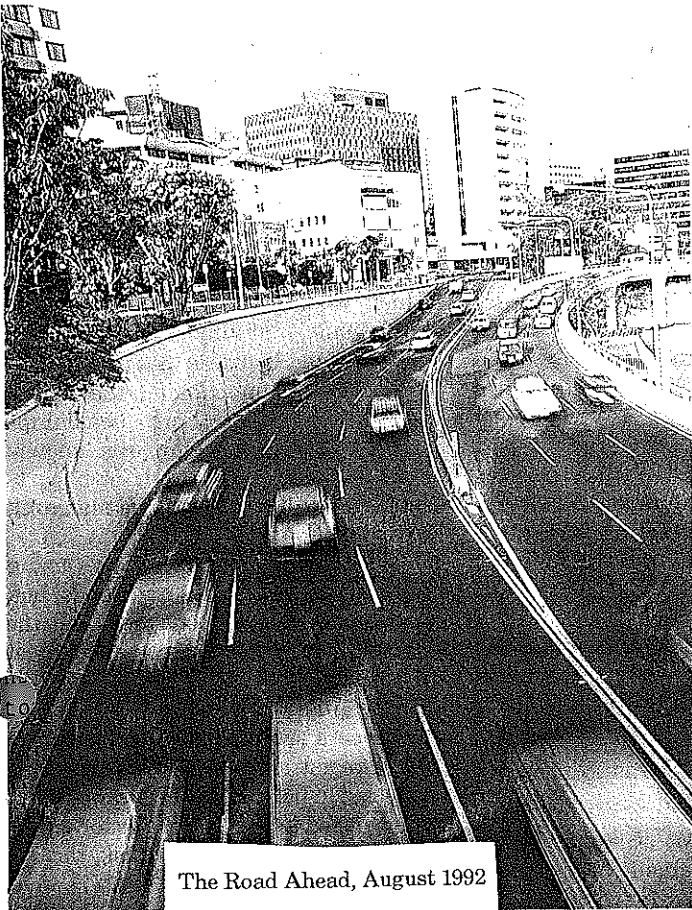
I'm a little old lady of seventy-four  
 Been driving a car fifty years or more  
 I've suffered abuse from drivers a plenty  
 Especially from those who don't know sixty from seventy,  
 — or eighty.

If I drive in my left or the inside lane  
 I'm told I'm becoming old and insane  
 With a sneer and a smirk from some Johnny-come-lately  
 Especially from those who don't know seventy from eighty  
 — or ninety.

If I slow on the amber and stop on the red  
 Read the give-way sign and do as it says  
 I'm told I'm a menace and where is my sight  
 Especially from those who don't know left from right  
 — or no turns ahead.

But I'm always home by the end of the day  
 Without bump dent or scratch  
 Without tickets to pay  
 Without paint-chips to patch  
 — or colours to match.

I'll pull down the covers  
 My nerves are intact  
 But God help all those others  
 Who don't know where they're at  
 — or where they are going.  
 — A. McBryde

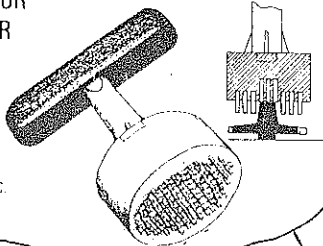


The Road Ahead, August 1992

## Aids to Daily Living

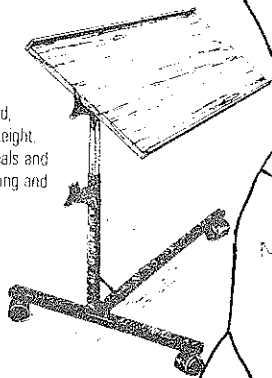
### CONTOUR TURNER

Steel rods adjust to grip for undoing tops etc.



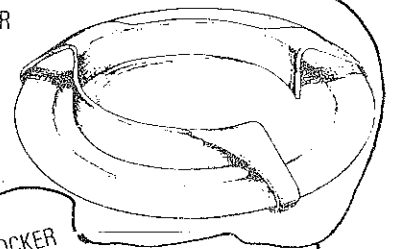
### OVERBED TABLE

Castor based, adjustable height. Ideal for meals and tilts for reading and writing.



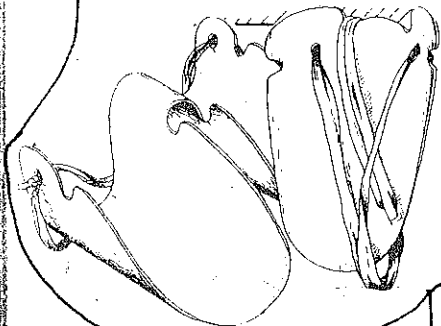
### FOOD STOPPER

Fitted to plate, stops food spilling.



### STOCKING & PANTY HOSE AIDS

Pliable poly plastic form for stretching socks/stockings easily onto foot.



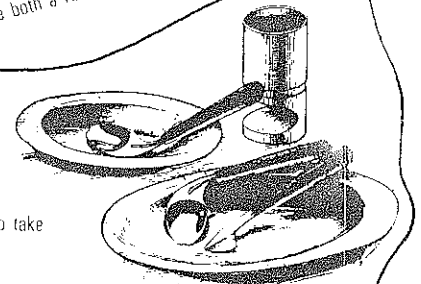
### NELSON ROCKER KNIFE

Designed to give both a rocking and slicing action.



### MANOY DISH

Chip resistant Melamine plates, sloped to aid picking up of food.



### MANOY SPOON

Angled head makes it easy to take and hold food. Available for left and right hand.

### MANOY KNIFE

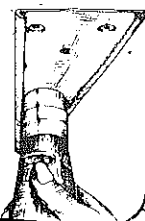
Blade gives both slicing and rocking cutting action.

### MANOY BEAKER

Easy to hold and balance.

### SKYLINE OPENER

Screws under bench or table. Teeth grip and help turn tops.



 **Amcal Home Healthcare**  
 That makes my life easier!

**GOLDEN BEACH PHARMACY**  
 44 LANDBOROUGH PARADE, GOLDEN BEACH. 92 1659

# PAIN RELIEF

TENS may  
help.

For More Information  
on TENS Pain Management  
call in to see us Today

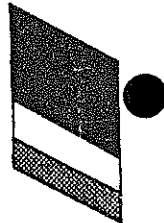
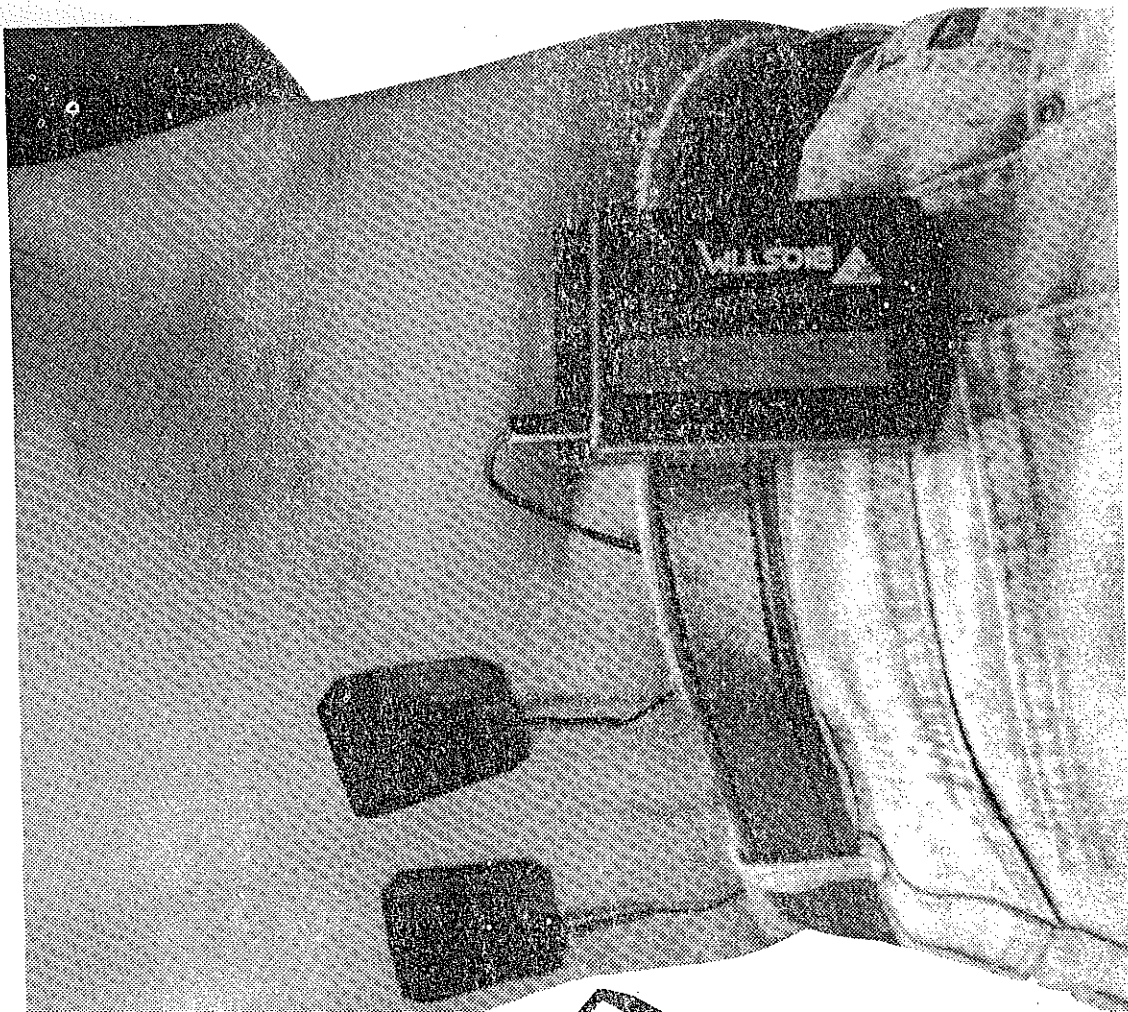
**SALE OR  
HIRE**

- Low Back Pain
- Sciatica
- Neck Pain
- Shingles
- Arthritis
- Period Pain
- Sporting Injuries

### EVALUATION PERIOD

These devices are available for Hire at  
only \$15.00 per week.

If you decide to purchase the unit,  
up to the first 4 weeks hire is taken off  
the purchase price. This way you  
can try the unit before you purchase it.



**Amcal  
Chemist**

Golden Beach Pharmacy

BILL, GREG & ANNETTE IRVINE  
44 LANDSBOROUGH PARADE  
CALOUNDRA 4551

Phone: (074) 92 1659

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Sir  
As part of the proposed extension of Ithaca-Bulcock Beach lifesaving patrols to Golden Beach, I have recently had the opportunity of addressing the various Golden Beach Neighbourhood Watch meetings.

With the assistance of local Police and well coordinated by Senior Constable Diane Kirkman of Maroochydore, Neighbourhood Watch members are to be congratulated on their ideals and impress as concerned citizens, who perform a real service to the community.

I am making arrangements to join my local branch forthwith.

John Rayner,  
Ithaca-Bulcock Beach  
Life Saving Club Inc.