

## Chance to give Ollie the life he deserves



**4PAWS  
JULIE PENLINGTON**

OLLIE is a sweet, gentle cat who loves nothing more than cuddles and attention.

He is a fairly big boy, neutered, fully litter trained and has never been outside other than his enclosure.

He's great around small dogs and gentle older children and will make a wonderful addition to a family as he has so much love to give.

His previous family loved him so much but they had a sick child with chronic allergies.



PHOTO: CONTRIBUTED

Phone 0400 251 396 or 0411 144 689 if you can give Ollie a home.

We have many lovely cats needing a home. We even have an Ollie double called Ra who is eight years old and deaf he really needs a foster carer please call if you can help.

Many people ask us why we are strong advocates for indoor cat ownership.

Here are a few reasons why.

Indoor cats can live totally happy lives inside indeed my own sister has had indoor cats for the last 20 years as she realised it was for the well-being of her cats and also to protect the wildlife.

They tend to live longer healthier lives and are kept safe from disease.

# Seniors learn skills

## Ithaca club provides vital training

THERE might have been a chill in the air over the weekend but that didn't cool off the enthusiasm of 36 seniors who participated in the Grey Medallion course run by Ithaca Caloundra City Life Saving Club at Grand Pacific Resort, Caloundra, as part of Seniors Week.

Participants learnt how to deal with emergency situations, undertake CPR and defibrillation and keep safe in a range of aquatic environments.

"I very much appreciated this opportunity," one participant said.

"We covered a very wide variety of water safety situations, for example including floodwater safety."

Another participant enjoyed putting their new skills to the test.

"There was also the opportunity of performing dry rescues, including a practical session around and in the pool where people could put their learned skills into action," they said.

"I found this most enjoyable because we have a



KEEN TO LEARN: Seniors enjoying learning new skills with the Ithaca Lifesaving Club.

PHOTO: CONTRIBUTED

pool and grandchildren so I found it very good to have hands-on rescue experience."

Facilitator Patricia Barry said the course grew in popularity from year to year within the Sunshine Coast community.

"This year we have had such an incredible response

that thanks to the generosity of Grand Pacific and another local sponsor, Accountants United, we have been able to offer a second free course on October 21 and 22," she said.

"Amazingly this is now filling up and there are just a few places left."

Thanks to the generous

local sponsorship of Grand Pacific Resort and funding from the Council of the Ageing, this two-day course could be offered at no cost.

For more information or to enrol phone Patricia on 0402 454 644 or visit the club website at [www.caloundracity.org.au](http://www.caloundracity.org.au).