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Sunday August 23

9am-4pm
THE GREY MEDALLION
THIS is a Royal Life Saving Society two day course designed specifically for those aged 55 years and over. The course teaches the essential lifesaving skills that could one day save you, your family or friends. It includes emergency procedures, aquatic or land based; CPR; beach and basic home first aid, use of a defibrillator; dry rescue; and pool, sea and water safety. You do not need to be fit or able to swim to complete the Grey Medallion, as it aims to teach you to how to rescue someone without getting into the water. Bookings required 0403 071 651 BreakFree Grand Pacific Resort, Caloundra. Wheelchair accessible. Free.

7am-NOON
16TH AMATEUR FUN WALK FOR THE OVER 50'S FAMILIES & FRIENDS
JOIN the Australian Pensioners & Superannuants League, Caloundra for the 16th Annual Fun Walk. Registration starts and 7am with warm ups at 8am. This is a 4km flat walk along the Golden Beach Foreshore starting at the Oaks Resort and finishing at the Caloundra Power Boat Club. You can leave your car at the Caloundra Power Boat Club and take the free shuttle bus to the start. For more information and to register call Frank 5492 7134 or Don 5492 .2105. Oaks Oasis Resort Cnr North Street and Landsborough Pde, Caloundra. Wheelchair accessible. Cost \$10. Children free
9am-4pm
HALCYON PARKS ART GROUP EXHIBITION

OF ART HALCYON Parks Art Group would like to invite you to their annual Art Exhibition. Come and inspect the latest work by our talented home owners. Homemade treats, tea and coffee available for purchase. 42 Meridan Way, Meridan Plains. Entry is Free.

10am-3pm
ART JOURNALING WEEKEND WORKSHOP
HIGHLY recommended. The August Art Journaling weekend workshop at Noosa U3A is on 22 or 23 (your choice). Our guest tutors Kathryn Shewring and Aimee Stanyer are experienced local painters who will be taking a visual-verbal approach to art making, in a booklet or brochure format. Bookings required 5440 5500. Noosa U3A House, 64 Poinciana Ave, Tewantin.

11am-7pm
YANDINA STREET FAIR
SENIORS can enjoy a wonderful day out with all the family. Entertainment provided by Gold Dust Rocks (Rock'n'Roll Dancing), Let's Go! Line Dancin', Sunshine Coast Ukulele Masters, The Red Couch, All Stars Show Band, Canta La Tumba, Barry Charles and The Deepest Beat and many more. Plein Air Art Exhibition, Food Celebration, Gubbi Gubbi program throughout the day. Children's zoo, garage Sale, craft stalls and food for sale, as well as fairground Rides. After dark, the day culminates in a Laser Light Spectacular. See you all there. For further information, visit our facebook page "Yandina Happenins" or our website www.yandinastreetfair.org.au.
11am onwards
GENEALOGY SUNSHINE COAST

WE will have a stand at the Yandina Street Fair where, as part of our involvement with local community history, we will not only be bringing some of our stories, photographs, maps and more, but more importantly, we will be wanting to hear stories and collect photos from Senior citizens in relation to their education at Fairhill Provisional School, Fairhill State School and North Arm State School for the reunion to be held on Saturday, September 12 at North Arm State School. The school is celebrating its 130th year of school and local history.

2pm
BRASS AND WOODWIND AT THE BEACH
SUNSHINE Brass in conjunction with the Noosa Concert Band are proud to present Brass and Woodwind at the Beach to be held at the Coolum Community hall. Admission is \$15 adults, \$13 concession, including afternoon tea. Tickets available at the door. Come along and hear some fabulous music from classical to pop. For further information phone Arch Robertson on 0409 85 546 or email sunshinebrassband@gmail.com

★ *Seniors Week events as outlined are up to date at time of publication. For later inclusions check the Department of Communities website at www.communities.qld.gov.au/communityservices/seniors/seniors-week or Council of the Ageing at http://cotaql.org.au/programs_events/seniors-week-2015/sponsors/*

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HEARING LOSS VOLUNTEERS NEEDED

At EARS we are pioneers of the latest hearing technology. We are currently offering free of charge trials of the Phonak Lyric hearing aid. As the only hearing practice on the Sunshine Coast accredited and experienced in fitting this revolutionary product, we are now looking for volunteers with a hearing loss to come and try this breakthrough completely invisible, natural sounding technology with us.

The trial is completely **free of charge** and without obligation and you will be helping us to learn and study this unique proposition in our local community. If you are able to help us with this project, please call us and we will arrange an appointment.



Michael Williams - Audiologist
5/21 Nicklin Way, Kawana • 5452 6288 • ears.com.au • info@ears.com.au

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IAN PRESTON • CLAYTON DOLEY

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